



## Arts Awards

**Forensic Science**

**Enrichment**

**Trip Planning** Performing Arts

Astronomy **Dance**

Golf for Beginners Young Enterprise

**Junk Percussion**

**Weight Training**  
Parliamentary Debating

**Italian for Beginners**

**Critical Thinking**

**Czech for Beginners**



## Are you a Talented Artist?

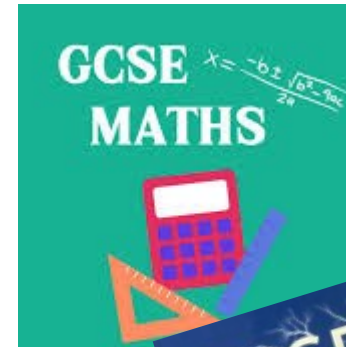
### Course overview

Would like to win prizes and enter numerous competitions with your creative pieces?

Pupils will create artwork to enter into different competitions; including all relevant categories of the ISA art competition for 2026.

**Teacher: Mrs Shaw**





***Year 11***

***Invite only from the Maths department***

**Teacher: Mrs Johal**



# Mindfulness

***Have time for mindful colouring, quiet crafts and jigsaw puzzles***

## **Course overview:**

The benefits of mindfulness:

- Higher brain functioning
- Improved health
- Increased attention and focus
- Experience of being calm and still

We will experience different forms of mindfulness to allow you to practise these at home.

***Meditation, Yoga, Mindfulness  
Colouring, Pampering.***

**Teacher: Mrs Khan (science)**



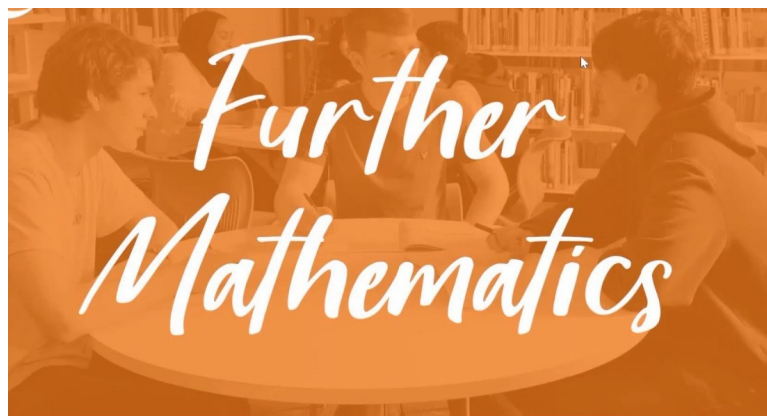
**Year 9-11 ONLY**

## **Course overview:**

Ever wondered why people never enter the first toilet cubicle by the door, or why people say you've 'flipped your lid'?

In Sociology and Psychology enrichment, we will explore the mysteries of the mind and the world around us by challenging our own perspectives and ideas.

**Teacher: Miss Fletcher**



Abdur, Karina, Annaya, Priya, Radin, Usman

**Teacher: Mr Walker**



Aamira Bagi

Karam Bains

Kieran Bakshi

Hargun Brar

Jay Chand

Samuel Gough

Avneet Khera

Armaan Kohli

Hanson Liu

Jia Mattu

Zara Nwanze

Ola Shergill

Ryan Shinh

Aryan Sohi

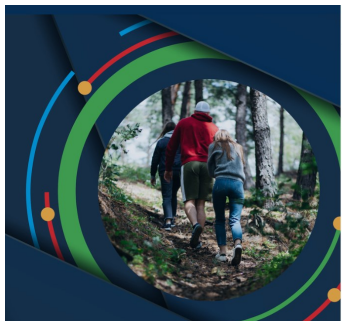
**Teacher: Mr Roderick**



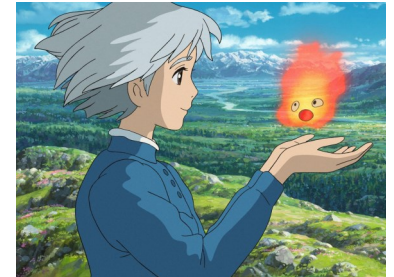
***Jas Award  
&  
Baking***

***ALL YEAR 7***

**Teacher: Mrs Harding & Miss Eynon**



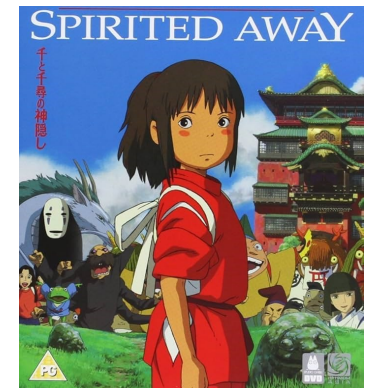
## **Studio Ghibli Film Club**



### ***Discover the magic of Studio Ghibli***

#### **Course overview**

- Japan's world-famous animation studio known for its beautiful art style, imaginative worlds and powerful storytelling.
- We'll watch some of Ghibli's most loved anime films, such as *Spirited Away*, *My Neighbour Totoro*, *Howl's Moving Castle* and *Kiki's Delivery Service*.
- Join us each week to enjoy stunning animation, explore Japanese culture and discuss the themes, characters and creativity behind these iconic movies. Perfect for anyone who loves film, fantasy or anime!



**Teacher: Miss Hamilton**



**Year 10 & 11 ONLY**

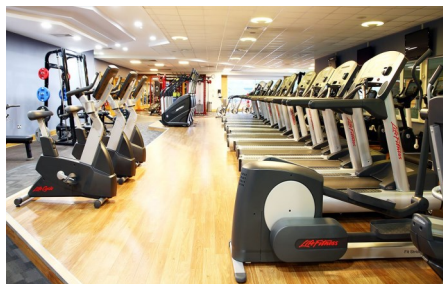
### **Course overview**

You have the opportunity to experience what a gym is really like. Use both the weight machines and cardio equipment. Personal trainers will be on hand to give you advice and even set up a personalise training plan for your individual goals.

**Location: Walsall Campus**

**Equipment: PE Kit**

**Teacher: Mr Berry**



**Year 9 & 10 ONLY**

### **Course overview:**

- Pupils focus on how to use basic principles of attack and defence to plan strategies and tactics for handball
- Develop catching, passing, dribbling and shooting skills
- Pupils will learn the rules and to be able to self-referee Handball
- Pupils will develop the skills necessary to outwit opponents. Passing, receiving, shooting, intercepting and beating an opponent will be developed through small sided games and conditional situations

**Equipment: PE Kit**

**Location: Walsall Campus**

**Teacher: Mr Flatley**







***Spark your creativity....Play Chess***

### **Course Overview**

**Playing chess** helps unleash your originality, since it activates the right side of the brain, the side responsible for creativity.

**Teacher: Mrs Chattha**



**Year 8 & 9 ONLY**

### **Course overview**

- Learn basic skills needed to play successful badminton
- Play Singles and Doubles
- Improve on your Health and Fitness
- More experienced players progress onto competition within the Walsall consortium

**Equipment:** PE Kit

**Location:** Walsall University Campus

**Teacher: Miss Fairbrother**