

# Senior School Enrichment Programme

Summer Term 2022/23
Information Booklet

# Introduction

This booklet has been put together to give you information regarding the Enrichment activities that can be selected and which will take place during Friday afternoons throughout the Summer Term.

Please read this booklet carefully before making your choice.

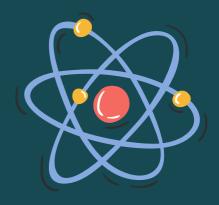
There are a range of activities available and these will last for the entire term.

Please note that activities may incur additional costs; these are shown where applicable. Any costs will be charged via the Payments area on Cognita Connect. There may be age restrictions in place.

Your child can book their place via their form tutor. They will need to select their first, second and third choices and then will be allocated an activity (depending on capacity levels).

# Science Experiments (Year 8-9: no cost)

Learn to carry out crazy experiments and learn why they react the way they do. Enjoy the practical side of science and come and have some fun with fire bubbles, fire writing just to name a few.



# Chess Club (Year 8-9: no cost)



Playing chess helps unleash your originality, since it activates the right side of the brain, the side responsible for creativity. Pupils will learn and improve their strategies from a visiting Chess Master and have the chance to compete in local tournaments.

# Rock Band (Year 8-9: no cost)

Pupils will follow a course on the skills surrounding ensemble performance. Learn to play simple guitar and bass guitar riffs to popular songs. Create and record your own performance and experiment with rock instruments such as the guitar, drums and synthesisers.



### Couch to 5K (Year 8-9: no cost)



Pupils will following the couch to 5K training program. By the end of the course pupils will be able to successfully run 5K. There will be opportunities for power walking and other forms of outdoor fitness in the arboretum.

# Jewellery Making (Year 8-9: no cost)

Pupils will design and create jewellery pieces by learning techniques used to make different items of jewellery. Enjoy creating gifts for yourself and others.



# Reading Mentors For Year 2-6 (Year 8-9: no cost)



Give back to your school community by reading with Prep School pupils. You will improve your own communication skills, as well as giving younger pupils the courage and confidence they need to become independent readers. Sit back in a comfy chair and help a child to develop their love of reading!

### Lacrosse (Year 8-9: no cost)

Pupils will learn basic ball skills that include scooping, passing, catching, cradling and shooting. Enjoy learning a new sport along with improving your general overall fitness. You will need to wear PE kit and trainers.

Rackets and other equipment will be supplied.



### Diana Award (Year 10: no cost)

Established in the memory of Diana, Princess of Wales, the Award is given out by the charity with the same name. The Mentoring Programme collaborates with professional volunteer mentors to deliver mentoring interventions and careers skills development for young people aged 11-18. The programme also places emphasis on social action, with mentees and volunteer mentors working together to plan and develop social action projects tackling issues that directly impact young people and their community.



# Drama Workshop (Year 7: no cost)



All Year 7 will have the opportunity to take part in Drama workshops. Over the term pupils will be exploring all aspects of the stage from script writing, performing to stage lighting and props.

### Further Maths (Year 10-11: no cost)

High flyers in maths will be invited to join the Further Maths enrichment activity. Designed to stretch and challenge our budding mathematicians, this class builds on the KS4 curriculum and offers an additional qualification to GCSE Mathematics. It will help develop a number of valuable skills including rigorous argument and problem solving.

