

# Senior School Enrichment Programme

Spring Term 2022/23
Information Booklet

#### Introduction

This booklet has been put together to give you information regarding the Enrichment activities that can be selected and which will take place during Wednesday afternoons throughout the Autumn Term.

Please read this booklet carefully before making your choice.

There are a range of activities available and these will last for the entire term.

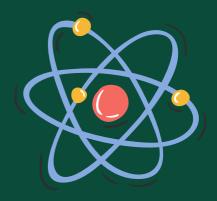
Please note that activities may incur additional costs; these are shown where applicable. Any costs will be charged via the Payments area on Cognita Connect. There may be age restrictions in place.

Your child can book their place via their form tutor. They will need to select their first, second and third choices and then will be allocated an activity (depending on capacity levels).

#### STEM (Year 7-9: no cost)

STEM covers Science, Engineering, Technology and Mathematics. These four fields share an emphasis on innovation, problem-solving, and critical thinking. Together they make up a popular and fast-growing industry. Most STEM workers use computers and other technology in their day-to-day jobs.

Pupils will have the opportunity to research and experiment on models they have created. Pupils will enter STEM competitions and compete with others around the country.



#### Chess Club (Year 7-11: no cost)



Playing chess helps unleash your originality, since it activates the right side of the brain, the side responsible for creativity. Pupils will learn strategies and compete in local school tournaments.

### Music Technology & Production

(Year 7-11: no cost)

Pupils will be using the iMacs and the online sequencer, Bandlab, and learn how to create your own electronic music from rap to dance or afrobeat. Learn to create beats, layering loops and adding studio effects for impact.



#### Sign Language (Year 7-11: no cost)

Pupils will have the opportunity to learn how to communicate through the most common form of sign language used in Britain today.

Learn how to fingerspell the alphabet, learn numbers, colours, days of the week, how to greet someone and communicate with others visually.





#### Textiles (Year 7-11: no cost)

Pupils will explore how to transfer designs onto fabric, including silk painting and design. They will also create their own colourful tote bag.

## Poetry & Creative Writing (Year 7 -11: no cost)



Pupils will learn the skills for a poetry performance, develop memory skills and take part in an exciting competition with the chance to win a trip to London!

Pupils will also learn the art of creative writing.

#### Into Film (Year 7-11: no cost)

Take the opportunity to become part of the national 'IntoFilm' Club and experience films as you never have before.

Pupils will develop their speaking, listening, discussion and social skills, whilst viewing and reviewing a range of films.

Pupils will get the opportunity to enter the 'Review 500' competition, where every few weeks the IntoFilm organisation carefully selects up to ten reviews from across the UK. Winning reviews are judged on levels of literacy, creativity, and imagination.



Be inspired to get writing today for a chance to win some amazing prizes and develop skills beyond the curriculum.

#### Sports Leaders Award (Year 7-11: £36)

Sports Leaders Award will be a mixture of workshops and practical elements delivered by an external coaching team. Pupils will deliver coaching sessions in small groups to the rest of the group.

The Award is a great introduction to leadership, giving young pupils knowledge of how to organise and lead small games and activities that can be used as a part of uniformed organisation, community club or sports club sessions.



The Award aims to help pupils develop leadership skills such as organisation, communication and teamwork, as well as helping to build confidence and self-esteem as pupils take on responsibility of leading their peers and younger children.

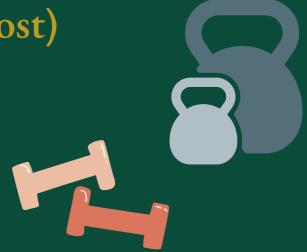
The topics that will be covered throughout the course are:

- · Participants
  - · Area
- · Communication
  - · Equipment
    - · Fun
    - · Activity
    - ·Safety
  - · Teamwork
- · Leadership experience

This is a great course to put on your CV and sixth form applications.

#### Gym (Year 10-11: no cost)

Pupils will have the opportunity to experience what a gym is really like. Use both the weight machines and cardio equipment. Personal trainers will be on hand to give pupils advice and even set up a personalise training plan for their individual goals.



## Community Charity Fundraising (Year 7-11: no cost)



Pupils will work as a team to create a strategy to fundraise.

You will be encouraging others to contribute to a good cause by publicising your event in school e.g posters, assemblies, website entries etc Pupils will visiting the local communities e.g Food Banks.

#### Further Maths (Year 7-11: no cost)

High flyers in maths will be invited to join the Further Maths enrichment activity. Designed to stretch and challenge our budding mathematicians, this class builds on the KS4 curriculum and offers an additional qualification to GCSE Mathematics. It will help develop a number of valuable skills including rigorous argument and problem solving.

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#### Independent Study (Year 7-11: no cost)

Independent study sessions will provide pupils time to work at their own pace in a quiet environment, along with having opportunities for reflection.

Pupils may choose to create their personalised learning targets for the sessions and work towards achieving them through the course of the term.

Independent study has a number of benefits including increased confidence, improved wellbeing and reduced levels of stress.



#### Badminton (Year 7-11: no cost)



Pupils will learn basic skills needed to play successful badminton singles and doubles and improve on their overall health and fitness More experienced players will progress on to compete against other schools. You will need to wear PE kit and trainers.

Rackets and other equipment will be supplied.

#### Sew What? (Year 7-11: no cost)

In Sew What Club, pupils will build confidence and skills using the sewing machine. Pupils will learn how to use the sewing machine and will create a range of creative pieces whilst learning other techniques including applique.

