

Difficulty rating ❄️❄️❄️❄️❄️

Length of time it will take: 30 minutes



Beverley Callard's Origami Stars

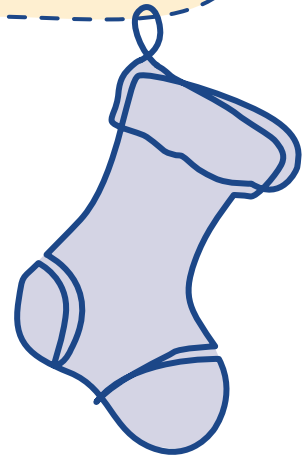
Create these festive origami star ornaments to add a classy crafty touch to your Christmas tree



Crafty shopping list

- Any coloured paper you'd like on your tree. Red, gold, green, or for something different try old magazines, patterned scrapbook paper or sheet music
- Scissors
- Needle and thread
- See our suggested suppliers list online at mind.org.uk/craftcupboard

Pentagon Template



Crafternoon



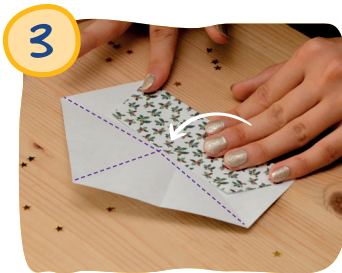
How to make



1 Cut out the pentagon shape to fit the size of your paper, then trace and cut this out on your paper.



2 Place your pentagon nice-side-down. Fold the pentagon in half through each of its points and unfold again. Repeat this on all sides.



3 Then fold up the bottom edge so that the corners meet the folds you've made.



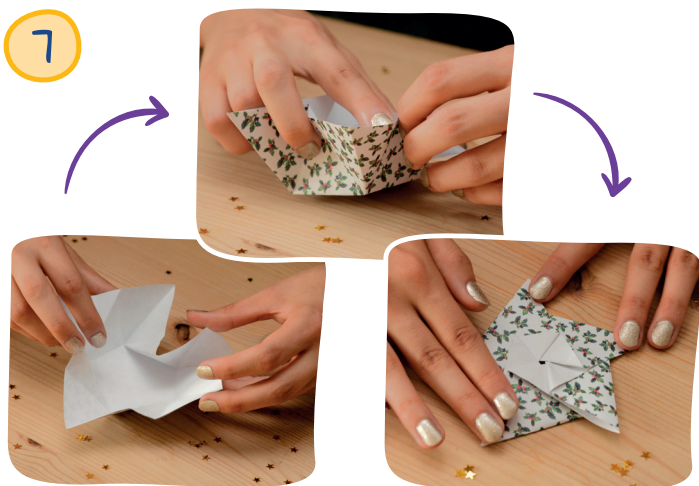
4 Unfold, and repeat step 3 for all 5 sides. You should then have folds that look like this.



5 Fold the left edge on one of the folds you've made on step 3 and 4, also folding up the bottom edge at the same time, and pulling the left bottom corner out.



6 Unfold completely. Rotate the pentagon and repeat step 5 for all 5 sides.



7 This next step is like magic. Unfold completely, then with both hands pinch all of the corners up and together, then squash them all to the centre. The paper will collapse into a star shape like this.



8 Turn over your star, then fold the right edge to the centre point of the paper.

Work clockwise, repeat for all of the other 4 edges. The last one may need tucking in slightly.



9 Thread a needle and carefully push through one of the points in the star. Tie a knot at the top and hang your beautiful new star on your tree.