

Weekly menu

Week 3

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Hot Counter	Bacon or Sausage Muffins American Pancakes				
Fruit & Yoghurt Bar	Fresh Yoghurt & Fruit				
Cereals	Cornflakes & Coco Pops				
Lunch					
Main Option 1	Chicken Curry Halal Chicken Curry	Pizza Bar A Selection Of 3 Toppings	Honey Roast Ham Halal Roast Chicken	Chartwells Independent Theme Day	Jumbo Fish Fingers Hand Battered Fish (Senior)
Main Option 2	Vegetable Jalfrezi	Pizza Bar A Selection Of 3 Toppings	Roast Quorn & Southern Fried Quorn Wrap	Chartwells Independent Theme Day	Tomato & Basil Pasta With Salad Bar
Sides	Poppadums Steamed Rice	Herb Potatoes	Roast Potatoes	Chartwells Independent Theme Day	Chipped Potatoes Curry Sauce
Vegetables	Steamed Carrots Salad Bar	Sweetcorn Garden Peas	Baton Carrots Honey Glazed Parsnips	Chartwells Independent Theme Day	Mushy Peas Garden Peas
Jackets With Hot Fillings	Tomato & Basil Baked Beans	Chicken & Mushroom Baked Beans	Mixed Bean Bolognaise Baked Beans	Mushroom & Rosemary Baked Beans	Beef Chilli Baked Beans
Jackets With Cold Fillings	Cheese & Spring Onion Grated Cheese	Tuna & Sweetcorn Grated Cheese	Sweet Chilli Chicken Grated Cheese	Cottage Cheese Grated Cheese	Tuna Crunch Grated Cheese
Deli Bar	Available Every Day				
Hot Dessert	Vanilla Rice Pudding	Black Cherry Crumble	Chocolate Chip Vanilla Sponge	Chartwells Independent Theme Day	Zesty Lemon Sponge