

Meal	monday	tuesday	wednesday	thursday	friday
Breakfast					
Hot Counter	American Style Pancakes	Bacon Sandwiches	Danish Pastries	Scrambled Egg	Sausage Sandwiches
Fruit & Yoghurt Bar	Fresh Yoghurt & Fruit	Fresh Yoghurt & Fruit	Fresh Yoghurt & Fruit	Fresh Yoghurt & Fruit	Fresh Yoghurt & Fruit
Cereals	Cornflakes & Coco Pops	Cornflakes & Coco pops	Cornflakes & Coco Pops	Cornflakes & Coco Pops	Cornflakes & Coco Pops
lunch					
Main Option 1	Chilli con carne	Pizza Bar A Selection of 3 Toppings	Roast Turkey & Stuffing Quorn Roast	Chartwells Independent Around the World theme day	Jumbo Fish Fingers Hand Battered Fish (senior)
Main Option 2	Vegetable chilli Quorn chilli	Pizza Bar A Selection of 3 Toppings	cous cous stuffed peppers	Chartwells Independent Around the World theme day	Linda McCartney Sausages Battered Halloumi
Sides	Nachos	Oven Spicy Wedges	Roast Potatoes or New Potatoes	Chartwells Independent Around the World theme day	Chipped Potatoes Curry Sauce
Vegetables	Carrots Sweetcorn	Peas Roasted Vegetables	Broccoli Parsnips	Chartwells Independent Around the World theme day	Mushy Peas Garden Peas
Jackets with Hot Fillings	Vegetable Curry Baked Beans	Mushroom & Thyme Baked Beans	Tomato & Roast Vegetable Baked Beans	Tomato & Basil Baked Beans	Chicken & Mushroom Baked Beans
Jackets With Cold Fillings	Spicy Chicken Grated Cheese	Tuna & Sweetcorn Grated Cheese	Chicken Cesar Grated Cheese	Cottage Cheese Grated Cheese	Tuna Crunch Grated Cheese
Deli Bar	Available Every Day	Available Every Day	Available Every Day	Available Every Day	Available Every Day
Dessert	Pineapple Upside Down Cake	Coconut & jam sponge cake	Chocolate & Vanilla Marble Cake	Chartwells independent around the world theme day	Waffles & toffee sauce

